



2023 Fall Cross Country Schedule

August 26 th (Saturday)	Claremore Sequoyah (JH/HS)
September 8 th (Friday)	Claremore (JH/HS)
September 12 th (Tuesday)	Inola (JH/HS)
September 22 nd (Friday)	Pryor (JH/HS)
October 6 th (Friday)	Claremore (JH/HS)
October 21 st (Saturday)	Regionals (HS only) TBA
October 28 th (Saturday)	State, Edmond Santa Fe

8/8/2023